



Portman Nursery School Toilet Training and Personal Care Policy

Reviewed September 2023

Objective

The objective of this policy is to provide a structured and supportive approach to toilet training for children aged 2 to 5 years old within our facility. This policy aims to ensure a positive and consistent experience for both children and caregivers during the toilet training process.

Key Principles

1. Individualised Approach:

Portman Nursery School recognise and respect the individual needs and readiness of each child. Some children may show interest and readiness earlier than others, and our approach will be tailored accordingly.

2. Communication with Parents/Guardians:

Maintain open and transparent communication with parents/guardians regarding their child's progress, challenges, and preferences related to toilet training.

3. Training Materials and Environment:

Ensure that appropriate toilet facilities are available and accessible for children. Provide age-appropriate toilet training materials, such as child-sized potties and step stools, to create a child-friendly environment.

4. Consistent Routine:

Establish a consistent toilet routine, including regular scheduled bathroom breaks to facilitate the child's understanding and cooperation.

5. Positive Reinforcement:

Encourage and praise children for their efforts and accomplishments during toilet training to reinforce positive behaviour. Positive reinforcement may include verbal praise and/or acknowledgment.

6. Modelling Behaviour:

Staff members will model appropriate toileting behaviour, demonstrating the process and encouraging children to imitate these actions.

7. Hygiene Practices:

Emphasise and teach hygiene practices, such as handwashing, to instil good habits from the beginning.

8. Patience and Flexibility:

Understand that toilet training is a developmental milestone, and each child progresses at their own pace. Exercise patience and flexibility in the process.

9. Privacy and Dignity:

Respect the child's need for privacy and approach toilet training with sensitivity to maintain the child's dignity.

10. Accidents and Understanding:

Acknowledge that accidents may happen during the toilet training process. Respond calmly and supportively, avoiding any negative reactions that may discourage the child.

11. Documentation:

Maintain records of each child's progress in toilet training, including notable achievements and any challenges faced. This information can be shared with parents/guardians during feedback sessions.

12. Staff Training:

Ensure that staff members are trained on the principles and procedures outlined in this policy to maintain a consistent approach across the school.

Personal Care

In providing personal care, including assistance with toileting, our staff are committed to respecting and safeguarding the privacy of each child. All personal care routines will be conducted in a discreet and respectful manner, acknowledging the child's need for privacy. Staff members will be attentive to the child's comfort level, offering assistance and guidance while ensuring that the child feels secure and empowered during these moments. Additionally, communication about personal care matters will be handled discreetly, and information will only be shared with relevant individuals involved in the child's care, maintaining confidentiality and upholding the child's dignity at all times. Our School is dedicated to fostering an atmosphere of trust and sensitivity, where children can feel secure as they navigate the developmental stage of toilet training.

By adhering to this Toilet Training Policy, we aim to create a positive and supportive environment that fosters the successful toilet training of children in our care.