



## Sun Protection Policy

Reviewed December 2023

Portman Nursery School are committed to the safety and wellbeing of all children within our care. As staunch advocates for outdoor play and learning experiences, we recognise the importance of safeguarding your child against the potential risks of sun exposure. Our Sunscreen Policy has been crafted with meticulous consideration to ensure that each child in our care enjoys the benefits of outdoor learning experiences while receiving adequate protection from the sun's harmful rays. This policy outlines the guidelines and procedures for the application of sunscreen on children attending our nursery. We believe that by working collaboratively with parents and caregivers, we can create a sun-safe environment that fosters healthy development and enjoyable outdoor experiences for every child.

### **Parental Consent:**

- Parents are required to provide written consent for nursery staff to apply sunscreen on their child.
- Any allergies or adverse reactions to specific sunscreen brands should be communicated in writing.
- If a parent refuses to provide permission for sunscreen to be applied to their child, we kindly request a written acknowledgment of their decision. Emphasising our commitment to sun safety we will encourage and use other alternative sun protection measures such as hats and appropriate clothing during outdoor learning experiences.

### **Sunscreen Application:**

- Once permission is obtained, children attending the nursery will have sunscreen applied before outdoor activities.
- Parents will be asked to provide a labelled sunscreen for their child, if their child requires a particular form of sunscreen. This will then be stored at the nursery so that regular application may happen.

### **SPF Recommendation:**

- Sunscreen with a minimum SPF of 30 is recommended for all children.
- For children with specific skin conditions or sensitivities, parents are asked to communicate this with nursery staff to ensure appropriate sunscreen is applied. Where appropriate, children will be encouraged to apply sunscreen to themselves with close adult supervision to support their growing independence.

### **Sunscreen Application:**

- Sunscreen will be applied to all exposed skin areas upon arrival at nursery. If this is not possible then the nursery will aim to ensure that sunscreen is applied to children as they enter the outdoor learning environment.
- Reapplication will occur every two hours during prolonged outdoor activities.

### **Sun Protection Measures:**

- In addition to sunscreen, children will be encouraged to wear hats and appropriate clothing for sun protection.

### **Monitoring and Supervision:**

- Nursery staff will monitor children for signs of sunburn and take necessary precautions to ensure their wellbeing.
- Staff will also be responsible for ensuring that children stay hydrated during outdoor activities.
- Parents will be informed of any concerns or issues related to their child's sun protection.

### **Education:**

- Parents and staff will be provided with educational materials on the importance of sun protection.
- Nursery staff will teach children about sun safety practices in an age-appropriate manner.

**Emergency Procedures:**

- In the event of a severe sunburn or adverse reaction to sunscreen, emergency procedures will be followed, and parents will be notified immediately. This may also include contacting emergency medical services.

**Review and Updates:**

- This policy will be reviewed annually or as needed to ensure it aligns with best practices and any relevant health guidelines.